



Matthew 14:13–21
Luke 9:12–17

Mark 6:31–44
John 6:1–12

CONDIMENTS COMMENTS

Our MLF Ministry makes and delivers about 7,000 meals every month. That means making 7,000 PB&J sandwiches, 7,000 Turkey and Cheese sandwiches, 7,000 boiled eggs, and also 7,000 condiment packs! The mustard, mayonnaise, salt, and pepper make the meals more flavorful and the napkin makes dining neater.



We have a dedicated team of about 32 volunteers who assemble the condiments every month. They pick up a bin with the condiments at the MLF kitchen, take them home and assemble the packets into zip lock bags. They can assemble the packets at their leisure, maybe watching television or listening to the radio. They then return the assembled packets to the kitchen.

So thanks to our dedicated condiments team volunteers for making the meals we serve more enjoyable.

- Lisa Dilger

COOLER CURTAIN

Our walk-in cooler has recently been plagued with frozen evaporator coils, requiring the cooling to be turned off to melt the ice on the evaporator coils. This leaves the potential to spoil the food in the cooler. This is caused by leaving the cooler door open too long, allowing moist air to enter, the moisture condenses on the evaporator, and the water freezes on the coils.



So we installed a cooler door curtain to lessen this problem. This does not mean we can leave the door open unnecessarily but it will help with the problem.

A PAIR OF PRAYERS

Recently the sheet with our prayer for the preparation teams was misplaced, so Julie Mellin composed a new one. She reminds us to pray, and we can make our prayer more personal if we pray extemporaneously. But if needed the prayer is at

<https://docs.google.com/document/d/1NFHhAiF-aeQOEKf3Gqn8nAF17CZFg/edit?usp=sharing&oid=114991087483309210624&rtpof=true&sd=true>

and the prayer for the delivery team is at

<https://docs.google.com/document/d/1qLF9Mamv7Asl88HbvBpo3l7lZxzXI9r/edit?usp=sharing&oid=114991087483309210624&rtpof=true&sd=true>

Copy the links or download the prayers on your cell phone so you will always have a copy.

HAPPY 250th ANNIVERSARY OF OUR FREEDOM



Of course this July 4th marks the 250th anniversary of the signing of our country's Declaration of Independence. You probably

have noticed the celebratory decorations inside and outside of our kitchen. They and other decorations throughout the year are the work of our anonymous volunteer. The latest decorations are many little flags decorating the barbecue pit. Thank you for making our volunteer areas very festive.

THANK YOU DAVE PLOTKIN!

Our mop sink faucet
Was nearly shot
Needed someone to replace it
Before damage was a lot.

So in comes Dave
With great care
The day to save
To do the repair.

IN MEMORIAM

Our Heavenly Father called Vincent Joseph (V.J.) Bila on May 26, 2026 at the age of 91. V.J. was a volunteer at our Mobile Loaves and Fishes. He was an Army veteran and a published petroleum engineer. He is survived by his wife of 65 years, Catherine Tertrais Bila. May perpetual light shine upon him.



Quick Reminders...

- * Check the white board in the kitchen for any instructions before starting your preparation. The instructions are important to always provide fresh food.**
- * Delivery crews please load Bibles, religious items, and a lot of clothing on the truck for every run.
- * Team Captains should notify mlfnw@sfasat.org before canceling a meal run.
- * If the delivery team has not arrived when the preparation team is finished, put the meals into the walk-in cooler.**
- * Call the Commissary person on duty (posted on the bulletin board) if you encounter food supply shortages.
- * Please report any kitchen maintenance issues as soon as possible to Glenn Darilek (for now), text at 210-400-4073 or gtdarilek@gmail.com . It is particularly important to promptly report if a refrigerator, freezer, or the cooler is not cooling or if the ice machine is not producing.

Things to do BEFORE you are Through

- * PUT GARBAGE INTO THE GARBAGE DUMPSTER – Health Code requirement!** We must do this every time to avoid bugs, rodents, and odors. The combination for the dumpster locks is posted on the end of the cabinet over the sink.
- * Put recyclables into the recycle dumpster.
- * Clean the tables and counters.
- * Sweep and mop the kitchen floor. Please do not use soap in the mop bucket. It leaves a sticky residue that attracts dirt and causes streaking. A bleach solution of 1/3 cup of bleach per gallon of cold water is effective for cleaning and disinfecting. Do not use hot water because it releases the chlorine, making it odorous and less effective. Dirty mop water should be disposed of in the mop sink or toilet.
- * Fill out the cleaning log.**
- * Fill out the number of meals delivered on-line report and use the bottom section to report any unusual events or problems that occur. This applies whether you use the truck for delivery or not. The QR code for the reporting website is posted on the bulletin board.**
- * Check and record refrigerator and freezer temperatures and room temperatures (better to do at beginning of your shift).
- * Restock bread in the freezer in the kitchen.
- * Restock peanut butter, jelly, gloves, and Ziploc bags into cabinet.

Things to do When you are Through

- * Bag cookies, chips, condiments, etc.
- * Wash, dry, and fold towels and washrags.
- * Move oldest boiled eggs from secondary to primary refrigerator.
- * Sort clothes.

HELP WANTED

Our **MLF** ministry needs help for these crucial roles:

MLF Facebook Administrator

Day Volunteer Coordinators

Facilities Coordinator, email gtdarilek@gmail.com to get information.

MLF News Co-Editor, Contact Glenn Darilek, Editor, gtdarilek@gmail.com or text 210-400-4073 for more information.

If you can assist with any of these jobs, please contact **Julie Mellin** at volunteermf@gmail.com

MLF News Content Always Wanted

Thank you Lisa Dilger and Julie Mellin for contributing to this issue. Send any relevant news to Glenn Darilek, Editor, gtdarilek@gmail.com

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