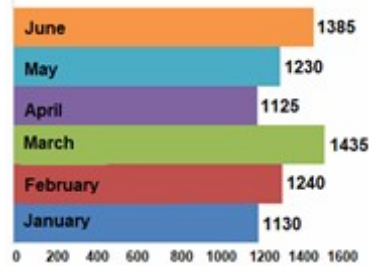




## WE SERVE THE GUADALUPE COMMUNITY CENTER

Our Monday and Thursday lunch volunteers, with help from some Sunday volunteers, prepare and deliver more than 1,250 sack lunches per month to Guadalupe Community Center. The center then distributes the lunches to hungry and homeless people at their East Cesar Chavez Boulevard facility. We have witnessed the clients savoring the lovingly prepared meals.



-data from Christian Rodriguez

In addition Guadalupe Community Center provides an after school program for students, emergency financial assistance, rental or utility assistance, and SNAP assistance. In the summer they provide free box fans for the elderly and disabled under Project Cool. They have a



free program for pregnant and parenting families to provide parenting education, diapers and formula, and services for families who are expecting or parenting young children.

They also provide free tax preparation services for lower income individuals, and provide immediate cash in advance of any refund checks.

We are honored to be able to help this charity to serve people in need. For more information, visit

[www.ccgcc.org](http://www.ccgcc.org)

## 23,100 PRAYERS!

We ran out of rosaries that we offer to the homeless and hungry. So we asked the Rosary Guild at Prince of Peace Catholic Church to donate more rosaries for us to offer. They donated 330 rosaries! And they were very willing to donate even more! If each of them was used to pray only one rosary, that would result in 23,100 prayers!





Thank you Prince of Peace Rosary Guild for your countless hours of work and considerable expense for materials needed to hand-make the rosaries. You are the hands of saints working to increase our devotion to Our Blessed Mother.

### **DOOR CODE CHANGE**

We have made a few security changes at the MLF kitchen. Periodically, it is necessary to change our front door code for entry. We also have secured the keys to the truck and garage doors in a lockbox inside the closet in the kitchen. If you need to access the kitchen from the side doors near the parking area, please enter the kitchen first and unlatch the deadbolts.

Please also remember to secure them before you leave. Do not give the code to anyone you do not know. If you have not been given the new codes, please contact your team leader or Julie Mellin via text at 210-416-4536.

-Julie Mellin

### **DECK THE HALLS**



Deborah Fitzgerald and our anonymous volunteer have been decorating our kitchen with seasonal themes for the last year or so. The decorations for fall have been recently put up. For the maximum effect, take a look

when you turn out the kitchen lights. Thank you for making our kitchen a more pleasant and fun place to volunteer.

### **BUSY BUSY**

Our kitchen is a busy place. If you spend more than one hour in the MLF prep kitchen, you will know it is a busy hub. We have lots of moving parts to make our ministry the success it is! One way to make things operate smoothly is to COMMUNICATE. Our egg boiling team is given a schedule of when the kitchen is available with no prep teams on their particular boiling date. Our standard times the kitchen is free is 11am-3pm and after 5pm Monday – Saturday. Sunday has various times. Based on this time frame, the Egg Team Coordinator, Dick Gomez, gives the boilers a time “slot”. PLEASE, if you change your prep team’s meeting time, inform your Day Volunteer Coordinator so we can give the egg boilers a heads up. Also, if you will be short handed, perhaps start your prep a half hour earlier so the kitchen will be free for egg boiling. Thank you for helping to keep the well-oiled MLF machine running.

-Julie Mellin

## A WONDERFUL PERSPECTIVE FROM WELCOME HOMELESS

Alan Graham, the founder of Mobile Loaves and Fishes and Community First Village for the homeless has a wonderful perspective on connecting with the homeless. In his book 'Welcome Home~~less~~' he says "Our dream of connecting human to human and heart to heart has become a reality. This was never going to be a transactional housing model for the homeless. People are not just objects to satisfy - *Here's your green soup, now go to sleep on a cot.* We are meant to hold the promise of life to others. Start treating people with dignity and respect. Start doing that, and the world cannot - will not - stay the same, because people respond to being loved."



### Things to do BEFORE you are Through

- \* Sweep and mop the kitchen floor
- \* Clean the tables and counters
- \* **Fill out the cleaning log.** Thank you Julie Mellin, Tim Coyle, Lisa Dilger, Sherri Biggins, Peggy Carney, Fiddle & Judy, Loraine O'Neil, Glenda Bibb, Cruz/Bajak, Sandra Herzik, and others for logging their cleaning last month.
- \* **Fill out the MLF Truck Run Log or on-line report and use the bottom section to report any unusual events or problems that occur. The QR code for the reporting website is posted on the bulletin board. This applies whether you use the truck for delivery or not.**
- \* Restock bread in the freezer in the kitchen
- \* Restock peanut butter, jelly, gloves, and Ziploc bags into cabinet
- \* Put trash and recyclables into corresponding dumpsters

### Things to do When you are Through

- \* Move oldest boiled eggs from secondary to primary refrigerator
- \* Bag cookies, chips, condiments, etc.
- \* Wash, dry, and fold towels and washrags
- \* Sort clothes
- \* Check and record refrigerator and freezer temperatures and room temperatures (better to do at beginning of your shift). Thank you Peggy Carney, M. Drolle, Howard Snarr, Sandra Herzik, Michael Herzik, and Rita Duggan for recording the temperatures last month.



Our **MLF** ministry needs help for these crucial roles:

**MLF Facebook Administrator**

## **Day Volunteer Coordinators**

**Facilities Coordinator**, email [gtdarilek@gmail.com](mailto:gtdarilek@gmail.com) to get information.

If you can assist with any of these jobs, please contact **Julie Mellin** at [volunteermf@gmail.com](mailto:volunteermf@gmail.com)

## **Quick Reminders...**

\* Team Captains should notify [mlfnw@sfasat.org](mailto:mlfnw@sfasat.org) before canceling a meal run.

**\* If the delivery team has not arrived when the preparation team is finished, put the meals into the walk-in cooler.**

\* Call the Commissary person on duty (listed on the bulletin board) when you encounter food supply shortages.

\* Please report any kitchen maintenance issues as soon as possible to Glenn Darilek (for now), text at 210-400-4073 or [gtdarilek@gmail.com](mailto:gtdarilek@gmail.com) . It is particularly important to promptly report if a refrigerator or the cooler is not cooling or if the ice machine is not producing.

## **MLF News Content Always Needed**

Thank you Julie Mellin and Christian Rodriguez for contributing to this issue. Send any relevant news to Glenn Darilek, Editor, [gtdarilek@gmail.com](mailto:gtdarilek@gmail.com)

## **Contact Us**

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