



## ONE MILLION MEALS SERVED CELEBRATION!

Join us in celebrating this milestone along with our volunteers, partners and founders who have made this possible.

WHEN: August 10 & 11, 2024, after all Masses.

Reception to follow in Henke Hall.

We will have commemorative t-shirts and hats available for a donation.



## HOPE TO SEE YOU THERE!

OUR MISSION: to provide food, clothing and dignity to the homeless and working poor. We accomplish this mission through the use of a catering truck, traveling through the city streets of San Antonio just about every day and evening of the week. – Julie Mellin

## THE TRUE SIGNIFICANCE OF JULY 4

Nowadays we celebrate July 4<sup>th</sup> with fireworks and hot dogs. We even say July 4<sup>th</sup> instead of Independence Day. But the Thursday Lunch crew brought us back to the real meaning. On July 4, there was a need to prepare lunches for Guadalupe Community Center and Saint Stephen's to be delivered the next day. So a full crew came in and quickly made the sandwiches and packed the lunches. Then, in observance of Independence Day, multiple people read our Declaration of Independence. As they were pondering the bravery of the signers of the declaration, a volley of fireworks went off outside and our Stars and Stripes were paraded in, and they recited the Pledge of Allegiance. Hey, that is what Independence Day is all about!



Well, they could not shun the fireworks and hot dogs. So a barbecue aficionado grilled hot dogs and another volunteer brought chips and dips and patriotic cupcakes.

Thanks to the many volunteers who helped make this a meaningful Independence Day remembrance.



## WE PAY IT FORWARD

Every Monday afternoon we have a prep event to make 400+ peanut butter and jelly sandwiches. We call it the Pay It Forward



team. We prep sandwiches that will go out on Tuesday morning to a very large delivery to San Martin and St. Agnes. Here are a few recent volunteers sporting new aprons donated by volunteer Jill Rhine! – Julie Mellin

## A COOLER COOLER

Charles Samuel, our St. Francis of Assisi Facilities Manager, contracted with a firm to move the compressor for the walk-in cooler outside. This has many advantages, including allowing it to work more efficiently, removing its exhaust heat outside allowing the freezers and refrigerator to operate more efficiently, providing a cooler workplace in the back rooms, and making the back rooms less noisy. It required running refrigerant lines and electrical power to the west side of the building.



John Tondre removed the things stored above the cooler and near the compressor. Tim Coyle arranged to store the easily perishable food in other refrigerators. The compressor was moved in less than one day, and our walk-in cooler was back in operation. Tim readjusted the thermostat, and all is working fine. The back rooms are noticeably cooler now. Great job by all.

## SELFLESS SHELF SERVICE

At times we need additional shelves to store the food and equipment. So an anonymous volunteer took it upon himself to build a shelf



above the walk in cooler door. Thank you to the volunteer for all you do for our Mobile Loaves and Fishes.

## **AED UPDATE**

After a regulatory delay, an AED has been installed in our kitchen. The training is scheduled for September. We can use the AEDs in the event of an emergency even before we have had formal training. The AED gives verbal instructions on how to use it. Once the pads are applied on a person's chest the AED will assess the situation and tell you how to proceed. The AED determines whether or not a person needs to have the shock administered.



## **BIBLE MINISTRY – CLARIFICATION**

The Food Bank receives some food from the U.S. Department of Agriculture. They have a policy that participation in any religious activity, or holding a particular religious belief shall not be required to receive the food. That does **not** mean that we cannot have Bibles available for people who want them. Mark Gavora has adopted a ministry of providing Bibles for this purpose. So our truck should always have a few Bibles available for people who want one.

## **ALAN GRAHAM ON JOE ROGAN EXPERIENCE**

Alan Graham, the founder of Mobile Loaves and Fishes in Austin was recently interviewed on the Joe Rogan Experience, an industry leading pod cast. He tells how a retreat experience led him to help the homeless. He is very frank, very spiritual, eloquent, and he tells how he lives his ministry. Joe Rogan was also insightful.

It can be viewed at [https://youtu.be/aHyNE\\_13V9w](https://youtu.be/aHyNE_13V9w)  
It is very long, I watched it at 1.75X speed, but it was very inspirational to me. - Glenn Darilek

### **Things to do BEFORE you are Through**

- \* Restock bread in the freezer in the kitchen
- \* Restock peanut butter, jelly, and Ziploc bags into cabinet
- \* If depleted, bag cookies, chips, condiments, etc.
- \* Sweep and mop the floor
- \* Put trash and recyclables into corresponding dumpsters

### **Things to do When you are Through**

- \* Move oldest boiled eggs from secondary to primary refrigerator
- \* Check and record refrigerator and freezer temperatures
- \* Wash, dry, and fold towels and wash rags
- \* Sort clothes

## HELP WANTED

Our **MLF** ministry needs help for these crucial roles:

**MLF Facebook Administrator**

**Day Volunteer Coordinator**

**Facilities Coordinator**, email [gtdarilek@gmail.com](mailto:gtdarilek@gmail.com) to get information.

If you can assist with any of these jobs, please contact **Julie Mellin** at [volunteermf@gmail.com](mailto:volunteermf@gmail.com)

### Quick Reminders...

- \* Team Captains should notify [mlfnw@sfasat.org](mailto:mlfnw@sfasat.org) before canceling a meal run.
- \* Call the Commissary person (listed on the bulletin board) on duty when you encounter food supply shortages.
- \* Fill out the MLF Truck Run Log or on-line report after deliveries and use the bottom section to report any unusual events or problems that occur. **This applies whether you use the truck for delivery or not.**
- \* Please report any kitchen maintenance issues as soon as possible to Glenn Darilek (for now), at [gtdarilek@gmail.com](mailto:gtdarilek@gmail.com) or text 210-400-4073. It is particularly important to promptly report if the ice machine is not producing, or if a refrigerator is not cooling.

### MLF News Content Always Wanted

Thank you to Julie for contributing to this issue. Send any relevant news to Glenn Darilek, Editor, [gtdarilek@gmail.com](mailto:gtdarilek@gmail.com)

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